

III Congreso Internacional de Investigación y Práctica Profesional en Psicología XVIII Jornadas de Investigación Séptimo Encuentro de Investigadores en Psicología del MERCOSUR. Facultad de Psicología - Universidad de Buenos Aires, Buenos Aires, 2011.

# **Factores de personalidad como predictores del consumo de alcohol entre estudiantes universitarios.**

Recalde, Alba y Natividade, Jean.

Cita:

Recalde, Alba y Natividade, Jean (2011). *Factores de personalidad como predictores del consumo de alcohol entre estudiantes universitarios. III Congreso Internacional de Investigación y Práctica Profesional en Psicología XVIII Jornadas de Investigación Séptimo Encuentro de Investigadores en Psicología del MERCOSUR. Facultad de Psicología - Universidad de Buenos Aires, Buenos Aires.*

Dirección estable: <https://www.aacademica.org/000-052/337>

*Acta Académica es un proyecto académico sin fines de lucro enmarcado en la iniciativa de acceso abierto. Acta Académica fue creado para facilitar a investigadores de todo el mundo el compartir su producción académica. Para crear un perfil gratuitamente o acceder a otros trabajos visite: <https://www.aacademica.org>.*

of that service, about adherence to specific treatment and differential of men and women. The project aim's is to contribute to gender equity in the treatment of addictions to drugs, make visible inequities that arise, promote the inclusion of gender in the practices of professionals and manifest the needs and modes of each gender in pursuit of improved models of care. It is an exploratory and descriptive research, which used qualitative methodology to collect and analyze information. Currently, the research project is underway, having completed the field work the same.

#### Key words

Addictions Gender Social Representations

---

#### **BIBLIOGRAFÍA**

De Almeida-Filho, N. y Silva Paim J. (1999): "La crisis de la salud pública y el movimiento de Salud Colectiva en Latinoamérica". Cuadernos Médico-Sociales. N° 75. Mayo de 1999.

Gamba, S. (2007) "Estudios de Género/Perspectiva de Género". Diccionario de estudios de género y feminismos. Editorial Biblos, Buenos Aires.

## **FACTORES DE PERSONALIDAD COMO PREDICTORES DEL CONSUMO DE ALCOHOL ENTRE ESTUDIANTES UNIVERSITÁRIOS**

Recalde, Alba; Natividade, Jean

Universidade Federal do Rio Grande do Sul.  
Brasil

---

#### **RESUMEN**

Los objetivos fueron verificar diferencias en factores de personalidad a partir del modelo de los Cinco grandes factores de personalidad, entre personas que consumieron o no bebidas alcohólicas en la vida y entre personas que consumieron alcohol con mayor o menor frecuencia en los últimos tres meses. Fueron investigados también los sub factores de la personalidad buscando entender su contribución para la ingestión de esta sustancia. Fue evaluado el poder predictivo de los factores de personalidad para el consumo de alcohol en la vida y para el consumo por lo menos mensual. Participaron 169 universitarios, 66,7% mujeres, con edad media de 21,2 años. Los participantes con consumo menos frecuente en los últimos tres meses obtuvieron mayores medias en los factores de personalidad socialización y realización, y los que consumieron con mayor frecuencia puntuaron más en extroversión y neuroticismo. Un modelo predictivo reveló que incrementos en extroversión contribuyeron en el aumento de chances de beber bebidas alcohólicas, e incrementos en realización disminuyeron las chances de consumo. Los factores y sub factores de personalidad fueron capaces de diferenciar grupos de bebedores de acuerdo con los niveles de consumo y predecir la mayor o menor frecuencia de uso de bebidas alcohólicas.

#### Palabras clave

Bebidas alcohólicas Estudiantes Personalidad

#### **ABSTRACT**

PERSONALITY FACTORS AS PREDICTORS OF ALCOHOL CONSUMPTION IN UNIVERSITY STUDENTS  
The aims of this study were to check differences in personality factors between abstainers and drinkers, and between frequent and infrequent drinkers; and to test the predictive power of factors for alcohol consumption in life and to the consumption of alcohol at least monthly. The participants were 169 university students, 66.7% women, mean age 21.2 years. Participants with less frequent consumption in the last three months have higher scores on personality factors socialization and actualization, those who consumed more often scored more in extroversion and neuroticism. A predictive model revealed that increments on extroversion contributed to increase the chances of drinking alcohol, and additions in actualization decreased the chances of consumption. Personality traits

were able to distinguish groups of drinkers and predict the frequency of alcohol consumption.

### Key words

Alcohol drinking Students Personality

---

## BIBLIOGRAFÍA

World Health Organization WHO. Global Status Report on Alcohol 2004. Geneva: WHO Library Cataloguing-in-Publication Data; 2004.

Carlini EA, Galduróz JCF, Noto AR, Fonseca AM, Carlini CM, Oliveira LG, et al. II Levantamento Domiciliar sobre o uso de Drogas Psicotrópicas no Brasil: estudo envolvendo as 108 maiores cidades do país - 2005. São Paulo: CEBRID - Centro Brasileiro de Informações sobre Drogas Psicotrópicas; 2007.

Laranjeira R, Pinsky I, Zaleski M, Caetano R. I Levantamento Nacional Sobre os Padrões de Consumo de Álcool na População Brasileira. Brasília: SENAD; 2007.

Andrade AG, Duarte PAV, Oliveira LG. I Levantamento nacional sobre o uso de álcool, tabaco e outras drogas entre universitários das 27 capitais Brasileiras. Brasília: Secretaria Nacional de Políticas sobre Drogas; 2010.

World Health Organization WHO. Alcohol and injury in emergency departments: summary of the report from the WHO collaborative study on alcohol and injuries. Geneva: WHO Library Cataloguing-in-Publication Data; 2007.

Kairouz S, Gliksman L, Demers A, Adlaf EM. For all these reasons, I do ... drink: A multilevel analysis of contextual reasons for drinking among Canadian undergraduates. *J Stud Alcohol*. 2002 Sep; 63(5): 600-8.

Grunbaum JA, Tortolero S, Weller N, Gingiss P. Cultural, social, and intrapersonal factors associated with substance use among alternative high school students. *Addictive Behaviors*. 2000 Jan-Feb;25(1):145-51.

Galduroz JCF, Sanchez ZV, Opaleye ES, Noto AR, Fonseca AM, Gomes PLS, et al. Factors associated with heavy alcohol use among students in Brazilian capitals. *Rev Saude Publ*. 2010 Apr; 44(2):267-73.

Bahr S, Hoffmann J, Yang X. Parental and Peer Influences on the Risk of Adolescent Drug Use. *The Journal of Primary Prevention*. 2005;26(6):529-51.

Wood MD, Read JP, Mitchell RE, Brand NH. Do Parents Still Matter? Parent and Peer Influences on Alcohol Involvement Among Recent High School Graduates. *Psychology of Addictive Behaviors*. 2004;18(1):19-30.

Elaine AB, Carolyn EI-L, Loren DL, Erika ST. Parental monitoring, negotiated unsupervised time, and parental trust: the role of perceived parenting practices in adolescent health risk behaviors. *The Journal of adolescent health : official publication of the Society for Adolescent Medicine*. 2003;33(2):60-70.

Baus J, Kupek E, Pires M. Prevalência e fatores de risco relacionados ao uso de drogas entre escolares. *Rev Saude Publ*. 2002;36: 40-6.

Strauch ES, Pinheiro RT, Silva RA, Horta BL. Uso de álcool por adolescentes: estudo de base populacional. *Rev Saude Publ*. 2009;43:647-55.

Gomes BMR, Alves JGB, Nascimento LC. Consumo de álcool entre estudantes de escolas públicas da Região Metropolitana do Recife, Pernambuco, Brasil. *Cadernos de Saúde Pública*. 2010;26: 706-12.

Ibanez MI, Moya J, Villa H, Mezquita L, Ruiperez MA, Ortet G.

Basic personality dimensions and alcohol consumption in young adults. *Pers Indiv Differ*. 2010 Jan;48(2):171-6.

Kuntsche E, Knibbe R, Gerhard Gmel G, Engels R. Who drinks and why? A review of socio-demographic, personality, and contextual issues behind the drinking motives in young people. *Addictive Behaviors* 2006;31:1844-57.

Kuntsche E, von Fischer M, Gmel G. Personality factors and alcohol use: A mediator analysis of drinking motives. *Pers Indiv Differ*. 2008 Dec;45(8):796-800.

Loukas A, Krull JL, Chassin L, Carle AC. The relation of personality to alcohol abuse/dependence in a high-risk sample. *J Pers*. 2000 Dec;68(6):1153-75.

McAdams KK, Donnellan MB. Facets of personality and drinking in first-year college students. *Pers Indiv Differ*. 2009 Jan;46(2):207-12.

Mezquita L, Stewart SH, Ruiperez MA. Big-five personality domains predict internal drinking motives in young adults. *Pers Indiv Differ*. 2010 Aug;49(3):240-5.

Ruiz MA, Pincus AL, Dickinson KA. NEO PI-R predictors of alcohol use and alcohol-related problems. *J Pers Assess*. 2003 Dec; 81(3):226-36.

Paiva FSd, Ronzani TM. Estilos parentais e consumo de drogas entre adolescentes: revisão sistemática. *Psicologia em Estudo*. 2009;14:177-83.

Pervin LA, John OP. Personalidade: teoria e pesquisa. 8 ed. Porto Alegre: Artmed; 2004.

Nunes CHSS, Hutz CS, Nunes MFO. Bateria Fatorial de Personalidade (BFP): manual técnico. São Paulo: Casa do Psicólogo; 2010.

John OP, Angleitner A, Ostendorf F. The Lexical Approach to Personality - a Historical Review of Trait Taxonomic Research. *Eur J Personality*. 1988 Sep;2(3):171-203.

Hutz CS, Nunes CH, Silveira AD, Serra J, Anton M, Wieczorek LS. O desenvolvimento de marcadores para a avaliação da personalidade no modelo dos cinco grandes fatores. *Psicologia: Reflexão e Crítica*. 1998;11(2):395-411.

Costa PT, McCrae RR. NEO PI-R: Inventário de personalidade NEO revisado e inventário de cinco fatores NEO revisado NEO-FFI-R [Versão curta]. São Paulo: Vetor Editora Psico-Pedagógica; 2007.

Costa PT, Terracciano A, McCrae RR. Gender differences in personality traits across cultures: Robust and surprising findings. *J Pers Soc Psychol*. 2001 Aug;81(2):322-31.

Nunes CHSS, Nunes MFO, Cunha TF, Hutz CS. Chemical dependence and personality. *Interamerican Journal of Psychology*. 2009;43(1): 68-76.

Henrique IFS, Micheli D, Lacerda RB, Lacerda LA, Formigoni MLOS. Validação da versão Brasileira do teste de triagem do envolvimento com álcool, cigarro e outras substâncias (ASSIST). *Rev Assoc Med Bras*. 2004;50(2):199-206.

Peuker AC, Fogaça J, Bizarro L. Expectativas e beber problemático entre universitários. *Psicologia: Teoria e Pesquisa*. 2006;22(2): 193-200.

Kessler RC, Crum RM, Warner LA, Nelson CB, Schulenberg J, Anthony JC. Lifetime Co-occurrence of DSM-III-R Alcohol Abuse and Dependence With Other Psychiatric Disorders in the National Comorbidity Survey. *Arch Gen Psychiatry*. 1997 April 1, 1997;54(4): 313-21.