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MEMORIA, MÚSICA Y EMOCIONES EN PACIENTES CON DEMENCIA

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RESUMEN

Los estímulos con contenido emocional son mejor recordados que los estímulos neutrales. La música actúa como modulador de la memoria emocional en sujetos sanos. El papel que juega en patologías neurodegenerativas, como lo es la demencia tipo Alzheimer (DTA), ha sido poco estudiado. Aunque el efecto modulador de estímulos emocionales parecería estar deteriorado, las intervenciones con estímulos emocionales musicales, sugieren que éstos serían un medio adecuado para modular la memoria en pacientes con DTA. El objetivo es realizar una revisión bibliográfica acerca de modulación de la memoria emocional a través de la música en sujetos sin patología y pacientes con demencia. El presente es un trabajo preliminar de carácter cualitativo, a través de una búsqueda bibliográfica en relación a los objetivos planteados, y la presentación de un caso de un paciente con DTA y los efectos moduladores de la música evidenciados en él. Los resultados hallados sugieren que la música es un medio adecuado de intervención en este tipo de pacientes. El caso presentado concuerda con estos hallazgos. A pesar de los resultados positivos hallados, éste es un campo reciente de intervención, con lo cual constituye una temática que merece seguir siendo investigada en mayor profundidad.

Palabras clave

Memoria, Música, Emociones, Demencia Tipo Alzheimer

ABSTRACT

MEMORY, EMOTION AND MUSIC IN PATIENTS WITH DEMENTIA

Emotionally arousing stimuli are better remembered than neutral stimuli. In normal subjects, music modulates emotional memory. The role it plays in patients with neurodegenerative diseases, such as Alzheimer's Disease (AD), has been scarcely studied. Although the memory enhancement effect provoked by emotional stimuli seems to be impaired, studies that used emotional musical stimuli, suggest that these could be an adequate medium to modulate memory in patients with AD. The aim of this study is to carry out a bibliographic search, about memory modulation through music in healthy subjects and dementia patients. The present study is a qualitative preliminary work, which will be carried out by a bibliographic search related to the presented goals, and the study of the case of a patient with ADT and the modulating effects of music that were observed. The results suggest that music is an adequate stimuli to treat these patients. The case presented is consistent with these findings. Despite the positive results found, this is a recent field of intervention. Therefore, it is a topic that deserves further investigation.

Key words

Memory, Music, Emotion, Alzheimer's Disease

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